



MANAGING THE POST-MI PATIENT: PERSPECTIVES IN PRIMARY CARE



PODCAST 1:

Cardiac Risk and Chronic Disease Management in Primary Care



Host:

Milan Gupta

MD, FRCPC, FCCS, FACC, FAHA



Guest Speaker:

Vivien Brown

MDCM, CCFP, FCFP, NCMP

SESSION LEARNING OBJECTIVES

After listening to this podcast, listeners will be able to:

- Identify the clinical priorities for managing a post-MI patient
- Describe the role of the primary care physician in the management of post-MI patients

KEY MESSAGES

- ASCVD is a chronic disease that requires aggressive management to prevent first and subsequent episodes.
- Active partnership between clinician and patient that includes patient education on the disease and management, as well as support in lifestyle and medication adherence, can help avoid or delay subsequent events.

References

Gouda P, Welsh RC, Padarath M, Grégoire JC, Hegele RA, Gupta M. Landscape of lipid management following an acute coronary syndrome event: survey of Canadian specialists. *CJC Open*. 2020;2(6):625-631. doi:10.1016/j.cjco.2020.08.009

Wong GC, Welsford M, Ainsworth C, et al. 2019 Canadian Cardiovascular Society/Canadian Association of Interventional Cardiology guidelines on the acute management of ST-elevation myocardial infarction: focused update on regionalization and reperfusion. *Can J Cardiol*. 2019;35(2):107-132. doi:10.1016/j.cjca.2018.11.031